



**53RD ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS**  
**27<sup>TH</sup> SEPTEMBER –03<sup>RD</sup> OCTOBER 2019**  
**BATAM, INDONESIA**

**- FINAL ENTRY FORM -**

In order to assist in the planning and organization of these championships, please complete the Final Entry Form to be returned by not later than 30<sup>th</sup> August 2019.

C.C. this form to [abbfasia@yahoo.com.sg](mailto:abbfasia@yahoo.com.sg) and [abbf.secretary@yahoo.com](mailto:abbf.secretary@yahoo.com)

FILL FORM IN CAPITAL LETTERS

<b>FEDERATION NAME</b>	
<b>FAX</b>	
<b>EMAIL ID</b>	

**DELEGATE ENTRY**

	DELEGATE NAME	PASSPORT NUMBER
1		
2		

**JUNIOR MEN'S BODYBUILDING Up to 75 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**JUNIOR MEN'S BODYBUILDING Over 75 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 55 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

: Organiser :

**ASIAN BODY BUILDING AND PHYSIQUE SPORTS FEDERATION**

: Supported by :

**PERSATUAN ANGKAT BESI, BINARAGA, ANGKAT BERAT SELURUH INDONESIA**



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**SENIOR MEN'S BODYBUILDING Up to 60 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 65 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 70 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 75 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 80 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 85 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**SENIOR MEN'S BODYBUILDING Up to 90 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Up to 100 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR MEN'S BODYBUILDING Over 100 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MASTER MEN'S BODYBUILDING (5 EVENTS) - 40 – 49 YEARS OLD - Up to 80 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MASTER MEN'S BODYBUILDING (5 EVENTS) - 40 – 49 YEARS OLD –Over 80 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**MASTER MEN'S BODYBUILDING (5 EVENTS) - 50 – 60 YEARS OLD –Up to 80 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MASTER MEN'S BODYBUILDING (5 EVENTS) - 50 – 60 YEARS OLD –Over 80 Kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MASTER MEN'S BODYBUILDING (5 EVENTS) - Over60YEARS OLD – One Open Category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S FITNESS PHYSIQUE Up to 170 cm/0 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S FITNESS PHYSIQUE Over 170 cm/+2 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**MEN'S ATHLETIC PHYSIQUE Up to 160cm + 2 kg**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S ATHLETIC PHYSIQUE Up to 167cm + 4 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S ATHLETIC PHYSIQUE Up to 175cm + 6 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S ATHLETIC PHYSIQUE Up to 182cm + 8 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S ATHLETIC PHYSIQUE Over 182cm + 10 kg**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S SPORTS PHYSIQUE Up to 175 cm/ 0 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S SPORTS PHYSIQUE Up to 180 cm + 2 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**MEN'S SPORTS PHYSIQUE Over 180 cm + 4 kg**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR WOMEN'S BODYBUILDING Up to 55 kg.**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**SENIOR WOMEN'S BODYBUILDING Over 55 kg**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**LADIES WOMEN'S BODYBUILDING Over 30 yrs. - one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**JUNIOR WOMEN'S FITNESS PHYSIQUE 21 yrs. and below - one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR WOMEN'S FITNESS PHYSIQUE Up to 165 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR WOMEN'S FITNESS PHYSIQUE Over 165 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**SENIOR WOMEN'S ATHLETIC PHYSIQUE Up to 165 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR WOMEN'S ATHLETIC PHYSIQUE Over 165 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**LADIES WOMEN'S ATHLETIC PHYSIQUE 30 - 40 yrs. one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**LADIES WOMEN'S ATHLETIC PHYSIQUE Over 40 yrs. one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR WOMEN'S SPORT PHYSIQUE Up to 165 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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**SENIOR WOMEN'S SPORT PHYSIQUE Over165 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**LADIES WOMEN'S SPORT PHYSIQUE 30 - 40 yrs. one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**LADIES WOMEN'S SPORT PHYSIQUE Over 40 yrs. one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**JUNIOR WOMEN'S MODEL PHYSIQUE 21 yrs. and under - one open category**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

**SENIOR WOMEN'S MODEL PHYSIQUE Up to 155 cm**

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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### SENIOR WOMEN'S MODEL PHYSIQUE Up to 155 cm

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### SENIOR WOMEN'S MODEL PHYSIQUE Up to 160 cm

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### SENIOR WOMEN'S MODEL PHYSIQUE Up to 165 cm

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### SENIOR WOMEN'S MODEL PHYSIQUE Up to 170 cm

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### SENIOR WOMEN'S MODEL PHYSIQUE Over 170 cm

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

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### LADIES WOMEN'S MODEL PHYSIQUE 30 - 40 yrs. one open category

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### LADIES WOMEN'S MODEL PHYSIQUE Over 40 yrs. one open category

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### MIXED PAIRS

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### PARA BODYBUILDING

	ATHLETES NAME	PASSPORT NUMBER
1		
2		
3		

### JUDGE

	JUDGE NAME	PASSPORT NUMBER
1		
2		

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**TEST JUDGE**

	NAME	PASSPORT NUMBER
1		
2		

**EXTRA DELEGATES & SUPPORTERS**

	NAME	PASSPORT NUMBER
1		
2		
3		

**ARRIVAL INFORMATION**

DATE	TIME	FLIGHT NO

**DEPARTURE INFORMATION**

DATE	TIME	FLIGHT NO

**Attn:**

<p><b>DATUK PAUL CHUA</b>            President, ABBF / WBPF            Mobile : +66 96163202            Email ID  <a href="mailto:abbfasia@yahoo.com.sg">:abbfasia@yahoo.com.sg</a></p>	<p><b>MR. SUGREE SUPAWARIKUL</b>            Secretary General / Treasurer,            ABBF            Mobile : +66 818195003 /+66            816494511.            Email ID :            abbf.secretary@yahoo.com</p>	<p><b>MR. CHETAN M PATHARE</b>            Secretary General , WBPF            Mobile : +91 99679 71970.            Email ID :            wbpsecgeneral@gmail.com</p>
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**IMPORTANT**

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES AND PASSPORT SIZE COLOR PHOTOGRAPH, CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 30<sup>th</sup> August 2019.

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